

PACKING LIST



STUDENT AND CHAPERONE PACKING LIST

- Appropriate Clothing – see [Dress Code](#) and [Activity/POI Requirements](#) below.
- Bedding – pillow, sheets or sleeping bag
- Towels – beach towels, bath towels, bath mats
- Toiletries – toothbrush, soap, shampoo, wash cloth, deodorant, hand soap, paper towels
- Sunscreen
- Insect Repellent
- Reusable Water Bottle
- Wristwatch
- Sunglasses and/or Hat
- Complete Bible – we use ESV in all programs
- Pen and Notepad
- Spending money for Camp General Store and Snack Shack
 - Snack Shack items cost \$1-\$5
 - General Store items cost from \$1 to \$25
 - Challenge: Student participants bring \$20 or more and kid participants bring \$10 or more for the missions offering

ACTIVITY/POI REQUIREMENTS

Many of our activities require certain shoes or shorts for safety. Participants must adhere to guidelines or they cannot participate in the activity/POI. [CM = Cedarmore | JC = Jonathan Creek]

- Sturdy Shorts – required for JC & CM zip-lines, JC Aerial Adventure Park, and CM Tango Tower.
 - Sturdy shorts typically have beltloops and are made from denim, khaki, or heavy cotton. Students wearing gym/basketball/running shorts, yoga pants, or similar casual clothing will not be allowed to participate in and will be excluded from JC & CM ziplines, JC Aerial Adventure Park, and CM Tango Tower.
- Closed toe AND CLOSED HEELED Shoes – required for JC & CM zip-lines, Bazooka Ball, Axe Throwing, JC Aerial Adventure Park, JC Laser Tag, CM Archery Tag, and CM Tango Tower
- Athletic Sandals/Water Shoes – recommended for JC kayaking
- (A full list of activities along with weight/age/clothing requirements can be found at gocrossings.org/poi.)

GROUP PACKING LIST

For adults and/or group leader. We recommend you bring the following to ensure your group has an optimal experience.

- Wear your Country's Favorite Color: Crosslympics Anti-itch cream (Lanacane)
- Sunburn relief (Green Aloe with Lidocaine)
- First Aid Kit – triple antibiotic ointment, ace bandages, bandages, anti-bacterial wipes, & epipen.
- Pain Medications (Tylenol, Ibuprofen, etc.)
- Extra hand soap, paper towels, and bathmats
- Gold Bond
- Please ensure students who are signed-up for activities/POIs requiring closed-toe shoes and/or sturdy shorts pack them.

WHAT NOT TO BRING

1. Alcohol, tobacco, vaping products, and illegal drugs
2. Fireworks or weapons of any kind
3. Skateboards, roller skates, or shoes with built in skates.

DRESS CODE

We ask that all students and adults dress modestly. For females and males, shorts need to be longer than fingertips when arm is extended down the side of leg. We do not allow spaghetti strap tank tops, any tops where undergarments can be seen, or any shirts with the sides cut out. Swimsuits must be one piece. For females, shorts must be worn over swimsuits at all times, even in the water. For both males and females, shirts must be worn at all times when walking to and from the lake/pool.