

# Parent Survival Guide

Welcome to Crossings Camp! We consider it a privilege to host your students this summer.

## GOSPEL FOCUS

In partnership with the church, our passion is to see your students' lives changed by the Gospel of Jesus Christ. Every element of our camp program is designed to engage your students with the Gospel and the Word of God. We hire over a hundred college students whose primary focus is to build relationships with your students. Our hope and prayer is that these grace-filled elements—Gospel, Bible, Relationships—will transform their lives and energize them to follow Jesus Christ with absolute surrender. Of course, we also expect your students to have a blast. Swimming, sliding, running, studying, competing, zipping, praying, singing, learning, talking, and much more are a normal part of every single day. Our hope is that our distraction-free environment and all the fun helps them focus on what really matters: Jesus.

## DISTRACTION-FREE ENVIRONMENT

The generation of students growing up in your homes and filling our seats every summer are known as Generation Z. They are hyper connected, spiritually interested, and eager to make a difference in the world. Yet, they are lonely, confused about God, and anxious about their future. Whether in your home, at church, or at camp, our hope is to interrupt Generation Z's loneliness, confusion, and anxiety with the glorious Gospel of Jesus. It is paramount that they disconnect from their devices, have a safe place to answer their hard questions about Christianity, and experience the hope of the Gospel in a distraction-free environment. While we trust that all these things happen every week at your local church, we believe camp provides a unique opportunity to pursue Generation Z. It is a privilege to serve them; it is our prayer that they will cross over from death to life; and it is our help to fuel them to change the world for Jesus.

## JONATHAN CREEK CAMP AND CONFERENCE CENTER

Our western Kentucky property is located 45 minutes south of Paducah and sits on 100 acres of Kentucky Lake shoreline. A private recreation lake, grassy open spaces, small groves of trees, and breathtaking sunsets proved a restful, distraction-free, outdoor camp experience. Over the past twenty years, Jonathan Creek has been built for students to have a safe and fun place to experience God. Modern lodging, dining, and a general store provide a comfortable atmosphere to build relationships and to meet Jesus. The property is filled with unique high-energy activities like zip-lines, bazooka ball, laser tag, an aerial adventure park, lake tubing, kayaking, and so much more. Jonathan Creek is much more than a great camp and an awesome experience. It is a place where you can expect Jesus to change your students' lives.

## CEDARMORE CAMP AND CONFERENCE CENTER

Our central Kentucky property is located an hour east of Louisville and is in the heart of Kentucky's bluegrass region. Cedarmore's secluded 600 hundred acres are nestled in the midst of rolling hills and cedar tree filled woodlands. The shaded rolling hills, grassy open spaces, and private recreation lake provide a restful, distraction-free, outdoor camp experience. Over the past twenty years, Cedarmore has been built for students to have a safe and fun place to experience God. Modern lodging, dining, a general store, and a coffee shop provide a comfortable atmosphere to build relationships and to meet Jesus. The property is filled with unique high-energy activities like zip-lines, bazooka ball, archery tag, a climbing tower, escape rooms, and so much more. Cedarmore is much more than a great camp and an awesome experience. It is a place where you can expect Jesus to change your students' lives.

# Mission to the Mountains Offering

Crossings' support of our eastern KY ministry partners continues this summer.

Every dollar given by our campers will go to:

1. Support the work of **God's Appalachian Partnership** in McDowell ([gapky.org](http://gapky.org)).
2. Support the work of **Freeda Harris Baptist Center** in Elkhorn City ([kybaptist.org](http://kybaptist.org))
3. **"Campership" support** to send kids from Appalachia to for Crossings Day Camps for Kids locations.

Last summer we raised \$125,000.25 for these three causes! This year we pray for more! We are praying that every camper will come prepared to participate in our missions offering.

Since Crossings began we've given \$1,897,407 to global missions causes. This summer we will give over the \$2,000,000 mark since 2000!.

This summer just \$10.00 per camper will mean more than \$170,000 for GAP, Freeda Harris and scholarships to help kids from Appalachia come to Crossings Day Camps for Kids ([gocrossings.org/camps](http://gocrossings.org/camps)). More information every night at camp!



# Mock Day at Camp

New to Crossings? Take a glance at what a full day looks like!

## MORNINGS = GOSPEL + HEART FOCUS



**Morning Celebration** | A high-energy time every morning that includes lots of fun, live sketches, vides, announcements, games, and music.



**Bible Study** | Daily in-depth exposition of God's Word led by your camp pastor. After Bible study, our staff lead a time of discussion and application with your students.



**Crossbowl** | Bible study groups compete against each other in physical, mental, indoor and outdoor games. Which group will be the champion?

## AFTERNOONS = HIGH-ENERGY INDOOR AND OUTDOOR ACTIVITIES



**Points of Impact (POIs)** | We fill your students' afternoons with high-energy indoor and outdoor activities on our beautiful properties. At the end of each POI, our staff spend a few minutes discussing with students how that particular activity illustrates the Gospel. A list of POIs is available at [www.gocrossings.org/camps](http://www.gocrossings.org/camps).



**Lake Recreation** | This is a time within the afternoon rotation to participate in activities like water zips, blobs, water slides, etc. Please reference the dress code for appropriate swimwear.



**Connect** | This is designated time for you, the Group leader, to connect with your students through devotions, discussions, team building activities, or simply hanging out.



**Time Alone with God (TAWG)** | During Connect, we encourage students to have personal quiet time in Bible Study and prayer. Devotional material based on the morning Bible Study is provided to each student.

## EVENING = WORSHIP + BIBLE + RELATIONSHIPS



**Worship** | The worship service is the heart-beat of camp. Everything we do revolves around worshiping the Lord through song and through preaching of the Word. During this evening gathering, we are intentional about calling students to repentance and faith in Christ, providing them with a serious study of the Word of God, and offering Christ-centered worship that we pray will help them seek the things that are above.



**Checkpoint** | A designated time for you to meet with your group, debrief, worship, and pray together.



**Shack** | This is the last hoorah before lights out. Immediately following Checkpoint, the Shack will be open to purchase tasty treats and refreshing beverages. This is a time for you and the staff to continue developing relationships with your students.



# Schedule

## ARRIVAL DAY

- 2 - 4pm - Registration
- 3 - 5pm - Snack/Store Open
- 5:00pm - Dinner\*
- 7:00pm - Crossings Staff-led Small Groups
  
- Adults Only Meeting\*\*
- 8:00pm - Opening Celebration
- 9:15pm - Church Checkpoint
- 10:00pm - Free Time / Shack / Store Open
- 11:00pm - In Rooms / Housing

## FULL DAYS

- 7:30am - Breakfast\*
- 8:15am - Group Leader Meeting\*\*
- 9:15-9:35am - Large Group
- 9:40-10:05am - Small Groups
- 10:10 - 10:45am - High School CrossBowl Competition
- Pastor Q&A with Middle School
- 10:50 - 11:25am - Middle School CrossBowl Competition
- Pastor Q&A with High School
- 11:30am - Lunch\*
- 1-5pm - Snack Shack / Store Open
- 1:00pm - Rotation 1- Recreation (POIs)
- 2:30pm - Rotation 2 - Lake Sports
- 4:00pm - Rotation 3 - Church Connect
- 5:15pm - Free Time
- 5:45pm - Dinner\*
- 7:30pm - Worship
- 9:00pm - Church Checkpoint
- 10:00pm - Shack Opens / Crossings Fellowship
- Senior Night (Day 2)
- 11:00pm - In Rooms / Housing

## LAST FULL DAY





- 7:30am - Breakfast\*
- 8:15am - Group Leader Meeting\*\*
- 8:45am - Morning Celebration
- 9:15-9:35am - Large Group
- 9:40-10:05am - Small Groups
- 10:10 - 10:45am - High School CrossBowl Competition
- Q&A with Middle School
- 10:50 - 11:25am - Middle School CrossBowl Competition
- Q&A with High School
- 11:30am - Lunch\*
- 1-5pm - Snack Shack / Store Open
- 1:00pm - Rotation 1 - Recreation (POIs)
- 2:30pm - Rotation 2 - Lake Sports
- 4:00pm - Rotation 3 - Church Connect
- 5:15pm - Dinner\*
- 6:45pm - Worship
- 8:15pm - Church Checkpoint
- 9:45pm - Closing Celebration
- 10:30pm - Free Time / Snack Shack Open
- 11:30pm - In Rooms / Housing

## CLOSING/DEPARTURE DAY

- 7:30am - Breakfast\*
- 9:30am - Groups Depart

\*Actual mealtimes may vary as they are split into three 30-minute segments according to your group's camp color. Camp colors are assigned at arrival.  
\*\*Adults/Group Leaders and Chaperones registered for camp

## PROGRAMMED ACTIVITIES EXPLANATION

-  **Church Checkpoint.** We want to strengthen the relationship between students and their church leaders. This is a designated time for you to meet with your group, debrief, worship, and pray together.
-  **Bible Study.** We separate middle school and high school and give them in-depth exposition of God's Word from our camp pastor followed by a staff-led breakout time of discussion and application.
-  **POI | Point of Impact.** Student participation in one specialized activity per day, based on student preference. Activity followed by intentional Gospel discussion. See [gocrossings.org/poi](http://gocrossings.org/poi) for a full list.
-  **Church Connect** This is a designated time for you, the Group Leader, to connect with your students through devotions, discussions team building activities, or simply hanging out.

# Packing List

- Appropriate Clothing** - see Dress Code and Activity/POI Requirements below.
- Bedding** - pillow, twin size sheets, or sleeping bag
- Towels** - beach towels bath towels, bath mats
- Toiletries** - toothbrush, soap, shampoo, wash cloth, deodorant, hand soap, paper towels
- Hand Sanitizer**
- Sunscreen**
- Insect Repellent**
- Reusable Water Bottle**
- Wristwatch**
- Swim Suit**
- Sunglasses and/or Hat**
- Complete Bible** - we use ESV (not required) in all programs Pen and Notepad
- Spending money for Camp General Store and Snack Shack** — takes credit / debit cards  
Snack Shack items cost \$1-\$5  
General Store Items cost \$1 to \$35  
Challenge: Student participants bring \$20 or more and kid participants bring \$10 or more for the missions offering

## ACTIVITY/POI REQUIREMENTS

Many of our activities require certain shoes or shorts for safety. Participants must adhere to guidelines or they cannot participate in the activity/POI. [CM = Cedarmore | JC = Jonathan Creek]

- Sturdy Shorts** - required for JC & CM zip lines  
Sturdy shorts typically have belt loops and are made from denim, khaki, or heavy cotton. Students wearing gym/basketball/running shorts, yoga pants, or similar casual clothing will not be allowed to participate and will be excluded from JM & CM zip lines.
- Closed toe AND CLOSED HEELED Shoes** — required for JC & CM zip lines, Bazooka Ball, Axe Throwing, JCLaser Tag, and Archery Tag
- Athletic Sandals / Water Shoes** — Recommended for JC kayaking

## GROUP PACKING LIST

For adults and / or group leader, recommend you bring the following to ensure your group has an optimal experience.

- Hand Sanitizer**
- Anti-itch cream** (Lanacane).
- Sunburn relief** (Green Aloe with Lidocaine)
- First Aid Kit** — triple antibiotic ointment, ace bandages, bandages, anti-bacterial wipes, and epipen.
- Pain Medications** (Tylenol, Ibuprofen, etc.) Extra hand soap, paper towels, and bath mats.
- Gold Bond**
- Please ensure students pack closed-toe shoes and sturdy shorts.

## WHAT NOT TO BRING

1. Alcohol, tobacco, vaping products, and illegal drugs.
2. Fireworks or weapons of any kind.
3. Skateboards, roller skates, or shoes with built in skates.

## DRESS CODE

We ask that all students and adults dress modestly.

### For Females:

- Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- No spaghetti strap tank tops or any tops where undergarments can be seen.
- Swimsuits must be one-piece with shorts/swim shorts worn over swimsuit at all times, even in the water. If you don't have a one-piece swimsuit, a dark t-shirt and shorts must be worn over a tankini swimsuit at all times.
- Shirts must be worn over swimsuits at all times when walking to and from the lake/pool.

### For Males:

- Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- No shirts with sides cut out.
- Shirts must be worn at all times on campus, even when walking to and from the lake/pool.

# Cedarmore POIs:



## ARCHERY TAG

Archery Tag® is played similar to dodgeball with bows and patented foam-tipped arrows. This exciting, action-packed game offers the ultimate family-friendly experience that engages everyone. Don't miss out on Tag... The game you never outgrow!



## ARTS AND CRAFTS

Are you creative and artistic? Or do you want to inspire your creative side? Arts and Crafts is for you! No matter your skill level, come inside for a fun afternoon of laughing, creating, and painting craft projects.



## BASKETBALL

So, you think you got skill? Do you think you are the next LeBron, Kobe, or Michael Jordan? Bring your "A" game out to the court, who knows you may learn a thing or two in the process!



## BAZOOKA BALL

It's a duel! Which team will outlast the other? If you like paintball, you will love the rush of bazooka ball! It's like paintball but with soft, foam balls. No paint, no mess, no pain, ALL FUN!



## DODGEBALL

Grab your athletic wear and stretch out that rotator cuff. Head down to the MAC for this classic you have come to know and love, all done Crossings style!



## TIGER BALL/ULTIMATE FRISBEE

Are you competitive? Looking for some exercise? Meet us on the rec fields for some intense and friendly competition. Tiger Ball. Ultimate Frisbee. Softball. Kickball. You name it, and we might play it.



## FISHING

You get a line, I'll get a pole. Join the staff for a relaxing time of catch and release fishing. You just might get lucky and catch some catfish or hybrid blue gill.



## GAGA BALL

Gaga ball is dodgeball with less aces to dodge! This is a fun outdoor activity in which you use a ball to get the other team out but it is all done within an octagon play pit.



## HIKING & OUTDOORS

Do you enjoy nature? Are you needing a peaceful break from the excitement of camp? Are you needing to marvel at God's creation? Join us for a stroll through the woods and deepen your knowledge of outdoor living!



## COOKIE DECORATING

Discover your inner cookie artist skills in this fun, engaging POI! You'll learn easy techniques using Royal icing to create your own sugar cookie masterpieces.



## NUKE 'EM!

Nuke 'em! is similar to volleyball however, you catch the ball and throw it over. The object is to get the other team's players out by throwing the ball over and getting it to land on their side.



## SMASHBALL

Just imagine crawling in a giant bubble where you can pinball off your friends, play a game of bumper car like soccer without ever getting hurt. This is a POI you won't soon forget.



## ZIP LINES\*\*

Do you like heights? Do you like an adrenaline rush?

Clip in your harness and hold on! Zip through the trees suspended forty feet above the ground. Don't forget to enjoy the beautiful views and scream really loud.



## CORCL BOATS

Can't get enough water at the waterfront? Introducing Corcl, an individually sized round boat sure to be your new favorite POI!

### KEY:

 = Closed Toed Shoes Required

 = Sturdy Shorts Required

\*\*Maximum weight is 225 lbs.

\*\*Minimum weight is 70 lbs.

# Jonathan Creek POIs:



## ARCHERY TAG

Archery Tag® is played similar to dodgeball with bows and patented foam-tipped arrows. This exciting, action-packed game offers the ultimate family-friendly experience that engages everyone. Don't miss out on Tag... The game you never outgrow!



## ARTS AND CRAFTS

Are you creative and artistic? Or do you want to inspire your creative side? Arts and Crafts is for you! No matter your skill level, come inside for a fun afternoon of laughing, creating, and painting craft projects.



## BASKETBALL

So, you think you got skill? Do you think you are the next Lebron, Kobe, or Michael Jordan? Bring your "A" game out to the court, who knows you may learn a thing or two in the process!



## BAZOOKA BALL

It's a duel! Which team will outlast the other? If you like paintball, you will love the rush of bazooka ball! It's like paintball but with soft, foam balls. No paint, no mess, no pain, ALL FUN!



## COURT GAMES

Grab a Basketball, Gaga Ball, and Volleyball - all Jonathan Creek favorites combined into one, great POI!



## TIGER BALL/ULTIMATE FRISBEE

Are you competitive? Looking for some exercise? Meet us on the rec fields for some intense and friendly competition. Tiger Ball. Ultimate Frisbee. Softball. Kickball. You name it, and we might play it.



## INDOOR GAMES

Tired of the heat but still want to be active? This activity will test your skill at our finest Indoor Sports - Foosball, Ping Pong, Carpetball, and more!



## GAGA BALL

Gaga ball is dodgeball with less aces to dodge! This is a fun outdoor activity in which you use a ball to get the other team out but it is all done within an octagon play pit.



## FIELD GAMES

Do Are you competitive? Looking for some exercise? Or, just wanna let loose? Well, meet us on the rec fields for some intense and friendly competition. Tiger Ball. Ultimate Frisbee. Softball. Kickball. You name it, and we might play it.



## LASER TAG

Discover We know what you are thinkin, and yes, this is the Laser Tag you have played or heard about. Come suit up with phaser and vest and see if your team wins.



## NUKE 'EM!

Nuke 'em! is similar to volleyball however, you catch the ball and throw it over. The object is to get the other team's players out by throwing the ball over and getting it to land on their side.



## HATCHET THROWING

Just Come practice your aim on our BRAND NEW hatchet throwing course! Compete against your fellow campers to see who can hit the mark the most.



## ZIP LINES\*\*

Do you like heights? Do you like an adrenaline rush?

Clip in your harness and hold on! Zip through the trees suspended forty feet above the ground. Don't forget to enjoy the beautiful views and scream really loud.



## KAYAKING

Ever want to kayak around an obstacle course on Kentucky Lake? You'll have the chance to do this and more in kayaking!

## KEY:



= Closed Toed Shoes Required



= Sturdy Shorts Required

\*\*Maximum weight is 225 lbs.

\*\*Minimum weight is 70 lbs.