

# Packing List

- Appropriate Clothing** - see Dress Code and Activity/POI Requirements below.
- Bedding** - pillow, twin size sheets, or sleeping bag
- Towels** - beach towels bath towels, bath mats
- Toiletries** - toothbrush, soap, shampoo, wash cloth, deodorant, hand soap, paper towels
- Hand Sanitizer**
- Sunscreen**
- Insect Repellent**
- Reusable Water Bottle**
- Wristwatch**
- Swim Suit**
- Sunglasses and/or Hat**
- Complete Bible** - we use ESV (not required) in all programs Pen and Notepad
- Spending money for Camp General Store and Snack Shack** — takes credit / debit cards
  - Snack Shack items cost \$1-\$5
  - General Store Items cost \$1 to \$25
  - Challenge: Student participants bring \$20 or more and kid participants bring \$10 or more for the missions offering

## ACTIVITY/POI REQUIREMENTS

Many of our activities require certain shoes or shorts for safety. Participants must adhere to guidelines or they cannot participate in the activity/POI. [CM = Cedarmore | JC = Jonathan Creek]

- Sturdy Shorts** - required for JC & CM zip lines  
Sturdy shorts typically have belt loops and are made from denim, khaki, or heavy cotton. Students wearing gym/basketball/running shorts, yoga pants, or similar casual clothing will not be allowed to participate and will be excluded from JM & CM zip lines.
- Closed toe AND CLOSED HEELED Shoes** — required for JC & CM zip lines, Bazooka Ball, Axe Throwing, JCLaser Tag, and Archery Tag
- Athletic Sandals / Water Shoes** — Recommended for JC kayaking

## GROUP PACKING LIST

For adults and / or group leader, recommend you bring the following to ensure your group has an optimal experience.

- Hand Sanitizer**
- Anti-itch cream** (Lanacane).
- Sunburn relief** (Green Aloe with Lidocaine)
- First Aid Kit** — triple antibiotic ointment, ace bandages, bandages, anti-bacterial wipes, and epipen.
- Pain Medications** (Tylenol, Ibuprofen, etc.) Extra hand soap, paper towels, and bath mats.
- Gold Bond**
- Please ensure students pack closed-toe shoes and sturdy shorts.

## WHAT NOT TO BRING

1. Alcohol, tobacco, vaping products, and illegal drugs.
2. Fireworks or weapons of any kind.
3. Skateboards, roller skates, or shoes with built in skates.

## DRESS CODE

We ask that all students and adults dress modestly.

### For Females:

- Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- No spaghetti strap tank tops or any tops where undergarments can be seen.
- Swimsuits must be one-piece with shorts/swim shorts worn over swimsuit at all times, even in the water. If you do not have a one-piece swimsuit, a dark t-shirt and shorts must be worn over a tankini swimsuit at all times.
- Shirts must worn over swimsuits at all times when walking to and from the lake/pool.

### For Males:

- Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- No shorts with sides cut out.
- Shirts must be worn at a times on campus, even when walking to and from the lake/pool.