

CROSSINGS KIDS

PARENTS



SURVIVAL GUIDE



Storytellers

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NEW FOR 2026

CAMP THEME: STORYTELLERS

This year's theme is all about becoming storytellers - kids who know God's big story, live God's story, and share God's story wherever they go! We want every camper to hear the amazing stories about Jesus and discover these stories are real, exciting, and something they can tell, too. By the end of the session, we hope each camper can share two stories about Jesus and even begin thinking about the story God is writing in their lives in light of the Gospel: **Jesus came. Jesus died for me. Jesus rose again. Jesus is King. And He invites me to be part of His great work!**

"HOME ON THE RANGE" FELLOWSHIP

Saddle up and ride into this summer's Fellowship: Home on the Range - a wild western gathering where the dust kicks up, the laughter's loud, and the spirit of the Wild West comes alive! Step into a world of cowboys and cowgirls, barrel racing, and a heap more action straight outta the Wild West. So, dust off your boots, tip your hat, and suit up in your best western wear. It's gonna be a rootin'-tootin' good time out on the range! We'll see y'all there, partner!

MISSIONS OFFERING

Mission to the Mountains

Crossings is excited to continue supporting our eastern Kentucky ministry partners this summer. Every dollar given by our campers will directly fund Camperships - scholarships that help kids from Appalachia attend Crossings Day Camps. Crossings has funded Camperships for over 1,000 kids in the past four years and we want to continue to grow that number.

We are praying that every camper will come ready and excited to take part in this summer's missions offering. Just \$10 per camper has the potential to provide more than \$170,000 in scholarships, opening the door for hundreds of kids to experience the joy of camp and the Gospel!

Look for more information each night at camp!

SCHEDULE

DAY ONE

2-4pm	Registration
3-5pm	Store Open
5:00pm	Dinner*
6:40pm	Crossings Staff-led Small Groups Adults Only Meeting**
7:30pm	Opening Celebration
8:30pm	Church Checkpoint
9:00pm	Free Time/Store Open
10:00pm	In Rooms/Housing
10:30pm	Lights Out

CLOSING/DEPARTURE DAY

7:30am	Breakfast*
9:30am	Groups Depart
8:20am	Room Checkout
8:45am	Staff-Led Small Groups Adults Only Meeting**
9:10am	Closing Celebration
10:00am	Groups Depart

DAY TWO & THREE

7:30am	Breakfast*/TAWG
8:00am	Group Leader Meeting Morning Celebration
9:20am	5th/6th Grade Large Group 3rd/4th Grade BreakThru
10:00am	5th/6th Grade Small Group 3rd/4th Grade Large Group
10:40am	5th/6th Grade BreakThru 3rd/4th Grade Small Groups
11:20am	Lunch*
1:00pm	Rotation 1 POIs (Meet at Circle of Life)
2:30pm	Rotation 2 Pool/Water Inflatables
4:00pm	Rotation 3 POIs (Meet at Circle of Life)
5:15pm	Crossbowl Championship (DAY 3 ONLY)
5:45pm	Dinner*
7:30pm	Worship
8:30pm	Church Checkpoint
9:00pm	Free Time/Store Open/Fellowship
10:00pm	In Rooms/Housing
10:30pm	Lights Out

*Actual mealtimes may vary as they are split into three 30-minute segments according to your group's camp color. Camp colors are assigned at arrival.

**Adults/Group Leaders and Chaperones registered for camp.

THIS IS A MOCK SCHEDULE AND IS SUBJECT TO CHANGE.

PROGRAMMED ACTIVITIES EXPLANATION

Church Checkpoint: We want to strengthen the relationship between students and their church leaders. This is a designated time for you to meet with your group, debrief, worship, and pray together.

Bible Study: We separate 3rd-4th grade and 5th-6th grade and give them in-depth exposition of God's Word from our camp pastor followed by a staff-led breakout time of discussion and application.

POI | Point of Impact: Students participate in one specialized activity per day, based on student preference. Activity followed by intentional Gospel discussion (see pg 6-7 for a full list).

TAWG (Time Alone With God): Time set aside each day for students to have personal quiet time with Bible study & prayer as they prepare their hearts for Worship. Crossings will provide TAWG/Bible study booklets for each student (and adult) to use during their TAWG, so the devotional material ties in with each day's spiritual focus.

PACKING LIST

- Appropriate Clothing (*see Dress Code and Activity/POI Requirements below.*)
- Bedding (*pillow, twin sheets, blanket, sleeping bag*)
- Towels (*beach towels, bath towels, bath mats*)
- Toiletries (*toothbrush, soap, shampoo, wash cloth, deodorant, hand soap, paper towels*)
- Hand Sanitizer
- Sunscreen
- Insect Repellent
- Reusable Water Bottle
- Wristwatch
- Swim Suit (*see dress code*)
- Sunglasses and/or Hat
- "Home on the Range" attire (Western Themed)
- Complete Bible [we use ESV (not required) in all programs] Do not bring Bibles that have sentimental value as they may be misplaced at camp.
- Pen and Notepad
- Spending money for Camp General Store
- Mission Money: We challenge students to bring \$10 or more for the missions offering.

ACTIVITY/POI REQUIREMENTS

Many of our activities require certain shoes or shorts for safety. Participants must adhere to guidelines or they cannot participate in the activity/POI. [LV = Linden Valley | CS = Carson Springs]

- Sturdy Shorts** *typically have belt loops and are made from denim, khaki, or heavy cotton. Students wearing gym/basketball/running shorts, yoga pants, or similar casual clothing will not be allowed to participate and will be excluded from LV zip lines.*
- Closed Toe and Closed Heeled Shoes** *required for LV zip lines and LV & CS Archery*
- Athletic Sandals / Water Shoes** *(Recommended for LV kayaking & tubing)*

GROUP PACKING LIST

For adults and/or group leader, we recommend you bring the following to ensure your group has an optimal experience.

- Hand Sanitizer
- Anti-itch cream (*Lanacane*)
- Sunburn relief (*Green Aloe with Lidocaine*)
- First Aid Kit** (*triple antibiotic ointment, ace bandages, bandages, anti-bacterial wipes, and epipen*)
- Pain Medications (*Tylenol, Ibuprofen, etc.*)
- Extra hand soap, paper towels, and bath mats
- Gold Bond
- Hand soap and hand towels
- Nightlight
- Please ensure students pack closed toe shoes and sturdy shorts
- Two-way radios (for communication with other adults in your group)

WHAT NOT TO BRING

1. Alcohol, tobacco, vaping products, and illegal drugs.
2. Fireworks or weapons of any kind.
3. Skateboards, roller skates, or shoes with built in skates, or bicycles.
4. Silly String

DRESS CODE

We ask that all students and adults dress modestly.

For Females:

- » Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- » No spaghetti strap tank tops or any tops where undergarments can be seen. No crop tops.
- » Swimsuits must be one-piece with shorts/swim shorts worn over swimsuit at all times, even in the water. If you do not have a one-piece swimsuit, a dark t-shirt and shorts must be worn over a tankini swimsuit at all times.
- » Shirts must be worn over swimsuits at all times when walking to and from the pool.

For Males:

- » Shorts need to be longer than fingertips when arm is extended down the side of the leg.
- » No shirts with sides cut out.
- » Shirts must be worn at all times on campus, even when walking to and from the pool.

WIFI AND CELL PHONE

At Crossings, we pride ourselves on providing groups with a distraction-free environment. We strongly encourage you to collect your group's cell phones upon arrival to manage cell phone use directly. We do provide Wifi connectivity to adult chaperones only. Cell phone service is limited. We highly recommend bringing two-way radios for communication with other adults in your group.

CARSON SPRINGS POIs

Archery & Nuke'Em:

Archery: Ready, Aim, Fire! Test your precision, hit the bullseye, and unleash your inner archer at our range!

Nuke'Em: Nuke 'em! is similar to volleyball, but you catch the ball and throw it over. The object is to get the other team's players out by throwing the ball over and getting it to land on their side.

Soccer & Noodling Around:

Soccer: Come kick it for an afternoon of fun in the sun! Work on your dribbling and scoring skills, and maybe even learn a few new tips and tricks.

Noodling Around: Ready, Set, Noodle! Get ready for some high energy, fast pace, pool noodling games! This might pasta-bly be our silliest POI yet!

Science Experiments & Legos:

Science Experiments: Do you like science? Do you like figuring out how everything works? Have dreams of testing different hypotheses to find a resolution? Join us and become a mad scientist figuring out what God has created to explore!

Legos: Want to build a replica of the Millennium Falcon, the Empire State Building, or the Eiffel Tower? How creative can you be? Join us for a fun time of building Legos!

Arts & Crafts & Fast Food:

Arts & Crafts: Are you creative and artistic? Or do you want to inspire your creative side? Arts and Crafts is for you! No matter your skill level, it will be a fun afternoon of laughing and creating.

Fast Food:

Order up, junior chefs! Time to put on your apron and chef's hat as you cook up some yummy food! You can already smell the tasty food now!

Minute to Win It & Creation Station:

Minute to Win It: Do you like competitive games? Do you like working together as a team? Join us in these high-energy competitive games where you only have one minute to complete the task.

Creation Station: Let your imagination soar as you build the world's tallest tower out of magnets, play with the slimiest slime, or even make a three-course meal out of playdough! The possibilities are endless!

Just Dance & Creation Canvas:

Just Dance: Move to the beat, groove to the rhythm – show everyone how it's done on the dance floor!

Creative Canvas: A painting adventure awaits! Unleash your inner artist, one stroke at a time, and create a canvas of your imagination. Join us for a splash of color and a world of artistic fun!

Nerf Wars & Gaga Ball:

Nerf: It's Nerf or Nothin! Step into battle, outlast the opposing team, and claim your victory in Crossings' Nerf Wars!

Gaga Ball: Gaga ball is dodgeball with less aces to dodge! This is a fun outdoor activity in which you use a ball to get the other players out, but it is all done within an octagon play pit.

Basketball & Dodgeball:

Basketball: So you think you got skill? Bring your "A" game out to the court and you may learn a thing or two in the process!

Dodgeball: Grab your athletic wear and stretch out that rotator cuff. Head down to the court for this classic you have come to know and love, all done Crossings style!

Flag Football & Capture the Flag:

Flag Football: He's at the 20, he's at the 10, he's at the 5, and it's a TOUCHDOWN! Join us for the flag version of a classic game.

Capture the Flag: Will you be the captor or the captive? That is the question! Only the bravest and fastest can go behind enemy lines, grab their flag, and make it back to base unscathed. Will that be you?

Anything-But-Golf Golf:

You might not be a Tiger Woods with a golf club but what about with a tennis racket, a cricket bat, or a football? Come try your hand and anything-but-golf golf and see if you've got what it takes to get a hole-in-one!

CERTAIN POIS FOR KIDS CAMP WILL BE PAIRED TOGETHER. MEANING THAT IF YOUR CAMPER SELECTS THE PAIRED POIS, THEY WILL BE PARTICIPATING IN SAID POIS TOGETHER ON EVERY OCCURRENCE.

LINDEN VALLEY POIs

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Tubing:

Hop on a tube, grab a buddy, and float down the Buffalo River. Maybe you'll spot some wildlife as you enjoy this relaxing excursion. (5th and 6th grade only)

Kayaking:

Ever want to kayak down the Buffalo River? You'll have the chance to do this and more in kayaking! (5th and 6th grade only)

Ziplines:

Do you like heights? Do you like an adrenaline rush? Clip in your harness and hold on! Zip across 600 ft of the property enjoying the beautiful views. Minimum weight, 90 lbs. Maximum weight, 250 lbs. (5th and 6th grade only)

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FAQs

HOW MANY ADULT LEADERS SHOULD I BRING?

An important aspect in the ministry of Crossings is the relationships that students build with the adult leaders from their church. Crossings requests one adult for every five students (gender specific) in order to facilitate discipleship between students and adults that will extend beyond camp. As your students will be looking for guidance from the adults that come with your church, it is important that you bring adults who are at least 21 years old, maturing Christians, and can be examples to your students and lead them spiritually.

WHAT IS THE CAMP RATE AND WHAT DO THE ACCOMMODATIONS LOOK LIKE FOR ADULT LEADERS?

The camp rate is the same for both students and adults. Your adult leaders will stay in the same accommodation as their students overnight. During POIs and recreation activities, we encourage leaders to hang out with their students. They may even participate in activities after every student has had their chance.

ARE THERE LAUNDRY FACILITIES?

There are no laundry facilities available on property. Be sure to bring enough clothes for your entire stay.

MAY ADULT LEADERS BRING THEIR YOUNG CHILDREN?

No, we do not allow young children at camp. Crossings' facilities do not have accommodations for parents to bring children who are too young or too old to register as a camper. Because of the nature of camp and the busy schedule, it would be impossible for an Adult Leader to provide appropriate supervision for both their child/children and their group.

WILL I HAVE CELL PHONE RECEPTION?

Linden Valley and Carson Springs have very limited cell service. We recommend group leaders bring two-way radios to communicate with the other adults in their group.

IS THERE A CAMP NURSE?

There will not be a camp nurse. We provide basic First Aid supplies and a First Aid Coordinator. More serious injuries can visit the closest hospital for medical help.

Linden Valley:
Wayne Medical Center in Waynesboro, TN
Carson Springs:
Newport Medical Center in Newport, TN

HOW ARE FOOD ALLERGIES HANDLED?

If you have a member of your group with food allergies, please make sure this is noted on their Crossings Medical Release Form. Our staff will do everything we can to accommodate them and keep our kitchen staff aware of the student's needs. Details on each location will be given closer to time.

VISITORS?

We do not allow visitors to camp. However, pastoral staff from your church is welcome to pay a visit with permission from Crossings.